

Trauma/Neurological Physical Examination

Name _____

Date _____

Range Of Motion	Passive			Active	
	Norm	Exam	Pain	Exam	Pain
T/L Spine	90				
Flexion	90				
Extension	30				
Left Rotation	30				
Right Rotation	30				
Left Lat Flex	20				
Right Lat Flex	20				

Lumbo/Pelvic Exam

Ortho Exams	Left		Right	
	N	Ab	N	Ab
Nachlas				
Yeoman's				
Ely's				
Hibb's				
SLR				
WLR				
Braggard's				
Patrick's				
Goldthwaite's				
Soto-Hall's				
Gainslen's				
Brud/Kernig's				
Hoover's				

Lumbo/Pelvic Exam

Exams	N	Ab
Minor's		
Lewin's		
Kemp's		
Gillet's		
Trendelenburg's		
Valsalva's		
Lhermitte's		
Babinski's		

Resistive Efforts

T/L Spine	Pain/Weak
Flexion	
Extension	
Left Rotation	
Right Rotation	
Left Lat Flex	
Right Lat Flex	

Derefield Leg Check

Position	Even	L Sh	R Sh
1			
2			

Extremity Range Of Motion

Hip	Norm	Left	Right	Pain
Flexion	120			
Extension	30			
Abduction	45			
Adduction	20			
Int Rotation	45			
Ext Rotation	45			
Knee	Norm	Left	Right	Pain
Flexion	135			
Extension	0-5			
Ankle	Norm	Left	Right	Pain
Plantar Flex	50			
Dorsi Flex	20			
Foot	Norm	Left	Right	Pain
Inversion	5			
Eversion	5			
Shoulder	Norm	Left	Right	Pain
Flexion	90			
Extension	45			
Abduction	180			
Adduction	45			
Int Rotation	55			
Ext Rotation	45			
Elbow	Norm	Left	Right	Pain
Flexion	135			
Extension	0-5			
Supination	90			
Pronation	90			
Wrist	Norm	Left	Right	Pain
Flexion	80			
Extension	70			
Ulnar Dev	30			
Radial Dev	20			

Girth Measurement

Area	Left	Right
Arm		
Forearm		
Thigh		
Leg		

Dynamometer

Trial	Left	Right
1		
2		
3		
4		

Leg Length Measured

Measurement	Left	Right
ASIS-Lat Mal		
GrTro-Lat Mal		

Cranial Nerves

Nerve	Normal	Ab
I		
II		
III		
IV		
V		
VI		
VII		
VIII		
IX		
X		
XI		
XII		

Cerebellar Exam

Exams	Normal	Ab
Heel/Toe Walk		
CHP Walk		
Rhomberg's		
Past Pointing		
Diadochokinesia		

Sensory Dermatomes

Nerve	
C5	
C6	
C7	
C8	
T1	
L2	
L3	
L4	
L5	
S1	

Radicular
Hypo/Hyperalgesia
Hypo/Hyper/Anesthesia
Temp/Vibration/Prop
2 point

Thoracic Outlet

Exams	Normal	Ab
Adson's		
Mod Adson's		
Costoclavicular		
Hyperabduction		