

# TMJ Physical Examination

Name \_\_\_\_\_

Date \_\_\_\_\_

## TMJ

### Inspection

Finding	Positive
Bony Palpation	
Soft Tissue Palpation	
Open 3 Fingers Width	
Clicks: Opening	
Clicks: Closing	
Deviation: Left	
Deviation: Right	
Deviation: W Shaped	

### Orth/Neuro Tests

Test	Positive
Jaw Reflex	
Chvostek Test	

### Muscle Strength

Muscle Group	Positive
Opening Muscles	
Closing Muscles	

5 = normal; full ROM, full resistance  
 4 = good; full ROM, some resistance  
 3 = fair; full ROM, against gravity  
 2 = poor; full ROM, no  
 1 = trace; no motion, with contractility  
 0 = zero; no motion, no contractility

### Opening Muscles

External Pterygoids  
 Hyoid Muscles

### Closing Muscles

Masseter  
 Temporalis  
 Internal Pterygoids

