

AVERAGE SEGMENTAL RANGE OF MOTION DEGREES AT EACH SPINE LEVEL

Level	Flexion	Extension	Lateral bending	Torsion
Occ-C1	13	13	8	0
C1-C2	10	9	0	47
C2-C3	8	3	10	9
C3-C4	7	9	11	11
C4-C5	10	8	13	12
C5-C6	10	11	15	10
C6-C7	13	5	12	9
C7-T1	6	4	14	8
T1-T2	5	3	2	9
T2-T3	4	4	3	8
T3-T4	5	5	4	8
T4-T5	4	4	2	8
T5-T6	5	5	2	8
T6-T7	5	5	3	8
T7-T8	5	5	2	8
T8-T9	4	4	2	7
T9-T10	3	3	2	4
T10-T11	4	4	3	2
T11-T12	4	4	3	2
T12-L1	5	5	3	2
L1-L2	8	5	6	1
L2-L3	10	3	6	1
L3-L4	12	1	6	2
L4-L5	13	2	3	2
L5-S1	9	5	1	1