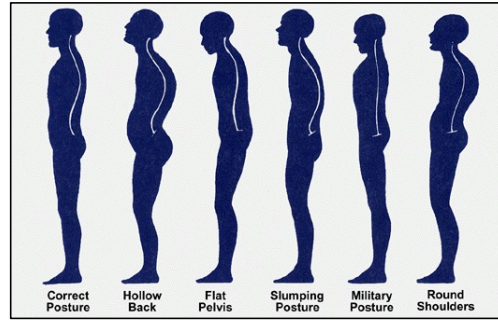
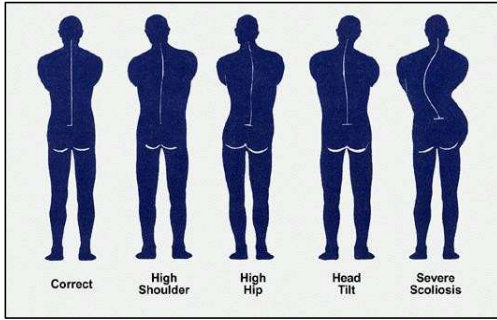


# Thoraco/Lumbo/Pelvic Spine Physical Examination

Name \_\_\_\_\_

Date \_\_\_\_\_



### Vital Signs

Age	
Height	
Weight	
Pulse /min	
Respiration /min	
BP	
Temp	

### Postural Analysis

Region	L	N	R
Thoracic muscle tension			
Lumbar muscle tension			

### Range Of Motion

	Norm	Passive		Active	
		Exam	Pain	Exam	Pain
T/L Spine					
Flexion	90				
Extension	30				
Left Rotation	30				
Right Rotation	30				
Left Lat Flex	20				
Right Lat Flex	20				

### Deep Tendon Reflexes

Reflex	Disc	Root	Left	Right
Quads	L3-L4	L4		
Hamstrings	L4-L5	L5		
Gastroc	L5-S1	S1		

- 0 = no response
- 1 = somewhat diminished
- 2 = normal
- 3 = brisk
- 4 = hyperactive

### Resistive Efforts

T/L Spine	Pain/Weak
Flexion	
Extension	
Left Rotation	
Right Rotation	
Left Lat Flex	
Right Lat Flex	

### Lumbo/Pelvic Exam

Ortho Exams	Left		Right	
	N	Ab	N	Ab
Nachlas				
Yeoman's				
Ely's				
Hibb's				
SLR				
WLR				
Braggard's				
Patrick's				
Goldthwaite's				
Soto-Hall's				
Gainsen's				
Brud/Kernig's				
Hoover's				

### Lumbo/Pelvic Exam

Exams	N	Ab
Minor's		
Lewin's		
Kemp's		
Gillet's		
Trendelenburg's		
Valsalva's		
Lhermitte's		
Babinski's		

### Leg Length Measured

Measurement	Left	Right
ASIS-Lat Mal		
GrTro-Lat Mal		

### Derefield Leg Check

Position	Even	L Sh	R Sh
1			
2			

### Spinal Palpation

Left	Level	Right
	T1	
	T2	
	T3	
	T4	
	T5	
	T6	
	T7	
	T8	
	T9	
	T10	
	T11	
	T12	
	L1	
	L2	
	L3	
	L4	
	L5	
	S1	

- S = Spasm
- F = Fixation
- T = Tender
- E = Edema
- H = Hypertonic
- N = Nodule
- P = Pain
- +Mild ++Mod +++Severe

### Sensory Dermatomes

Nerve	
L2	
L3	
L4	
L5	
S1	

- Radicular Symptoms
- Hypo/Hyperalgesia
- Hypo/Hyper/Anesthesia
- Temp/Vibration
- Prop Alteration
- 2 point Discrimination