**Curriculum Vitae**

**James Donoghue, D.C., I.D.E.**

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[www.WellnessSpaOfArden.com](http://www.WellnessSpaOfArden.com)

An experienced Doctor of Chiropractic with over 30 years of patient care, specializing in spinal health, rehabilitation, and treatment of acute /chronic injuries with an emphasis on wellness. Proven track record of managing and growing wellness clinics while enhancing patient outcomes through evidence-based care.

**Education:**

**\*\*University of Hartford, West Hartford Connecticut\*\***

1983 – 1985: Associate Degree in Applied Sciences – Electrical Engineering Technology

1985 – 1987 Studied Pre-Medical towards Bachelor of Science

**\*\*Los Angles College of Chiropractic, Whittier, California\*\***

1987 – 1988 Bachelor of Science in Human Biology

1987 – 1990: Doctor of Chiropractic - Completed internship at Glendale Clinic, working with patients and training under senior chiropractic professionals. - Specialized in patient care, for law enforcement officers and triathletes.

**Professional Work History:**

1991 – 1993 **South Coast Rehabilitation Center**, Costa Mesa, CA

Job Duties –Sole Proprietor / Part time Clinic Exam Doctor – Primarily Patient care as well as performed exams, x-rayed patients, consulted and treated patients, performed medicolegal examinations and reports.

1993-1994 **Spectrum Chiropractic**, Sacramento, CA

Treating Doctor of Chiropractic – patient care, co-managed rehabilitation clinics and education on patients, was a consultant to small business on the prevention of back injuries.

1994- 2022 **Advantage ChiroCare and Wellness Center** -Clinic Director and Primary Treating Doctor, consulted and treated patients, Independent Medical Evaluator, Qualified Medical Evaluator.

2022-Present **The Wellness Spa of Arden** – Clinic Director and Primary Treating Doctor of Chiropractic – Primary focus on patient care, education, wellness, body balance and structural integrity.

**Certifications and Awards:**

National Board of Chiropractic Examiners, 1990 – Certificate # 41161

State of California Board of Chiropractic Examiners License to Practice Chiropractic July 1991 – Present

The University of the State of New York Education Department License to Practice Chiropractic – License Number: X006539 December 1990 – Present Status: Inactive

Independent Medical Evaluator, State of California, 1993- Present

Qualified Medical Evaluator, State of California, 1994-2006

Backsafe Industrial Consultant, 1993 - Consulting for small businesses to prevent industrial injuries.

Spine Research Institute of San Diego – **Whiplash and Brain Injury Traumatology Graduate.**

**California Chiropractic Association – Presidential Award, 2006.**

**Professional Associations:**

**Member of the California Chiropractic Association, 1996-2007**

**Member of California Chiropractic Association – Industrial Relations Committee 2002-2005**

**Member of California Chiropractic Association – Conventions and Seminars Committee 2003-2007**

**Member of the California Chiropractic Association – Conventions and Seminars Chairman 2006-2008**

**Member of the Sacramento Valley Chiropractic Distract Association, 1996-2007**

**Member of the Sacramento Valley Chiropractic District Association Board Treasurer 2005-2007**

**Instructor of Basic Worker’s Compensation, California Chiropractic Association, 2004-2006**

**Community Activities:**

- Team Coach & Assistant Coach, Carmichael Soccer Club, 2012–2015

- Assistant Scout Master, Boy Scouts of America, Golden Empire Council, 2014–2015

- Merit Badge Counselor, Boy Scouts of America, 2014–2018

- WETSU Men’s Division Team member 2007-2019

- Member of California Aikido Association 2018- Present