## **Back to Chiropractic Online Course**

## Differential Diagnosis Head and Neck Conditions – 6 Hours Jamie He, DC

## **COURSE OBJECTIVES:**

- 1. Provide an easy-to-read "manual" for common head and neck conditions
- 2. Recognize the red flags of the conditions for proper referral
- 3. Differentiate common head and neck conditions seen in a chiropractic office
- 4. Review anatomy and physiology of the cervical spine
- 5. Provide lists of key questions in history taking, demographics, and classic presentation of each condition
- 6. Review lists of positive physical exam findings and suggested management on each condition

## **COURSE OUTLINE:**

| Time     | Topic   |
|----------|---|
| Hour 1-2 | Review anatomy and physiology of the head and neck regions                  |
|          | Review orthopedic tests and examination of the regions                      |
|          | Headache disorders: discuss common causes, differentiate referral from      |
|          | nonreferral cases, discuss red flags, overview of common types of headaches |
| Hour 3-5 | Recognize and differentiate common conditions with soft tissue vs skeletal  |
|          | involvements in the cervical spine  |
|          | Identity serious conditions include stroke, tumor, etc                      |
| Hour 6   | Details of the suggested therapies, maneuvers                               |
|          | Rehab exercises and nutrition   |