

# Back To Chiropractic CE Seminars Shirley Watson, DC, DACBN, CCN, QME

## Live Courses Taught in Southern California: Nutrition



### Shirley Watson, DC, DACBN, CCN, QME

12304 Aneta St.  
Culver City, CA 90230  
310-305-9697

[swatson@drshirleywatson.com](mailto:swatson@drshirleywatson.com)

### Education:

1972	B.S.	California Lutheran University	Psychology
1990	D.C	Cleveland Chiropractic College	Cum Laude
1996- 98		American Chiropractic Association	Nutrition
1996		State of California	Qualified Medical Examiner
1997		Certified Clinical Nutritionist Board	Nutrition
2009		QRA	Nutrition

### Professional Experience:

- 1991-2015 **Doctor of Chiropractor** Culver City, California.  
Practice Focus: Nutrition/Lifestyle counseling, Biomechanical and biochemical health, Education, Menopause, Pediatrics
- 1997 –2007 **Member of the American Clinical Board of Nutrition (ACBN)**  
Founded in 1981, is the first and currently only nationally accredited, federally recognized certifying board in nutrition for professionals beyond the doctorate level.
- 1998-2012 Certified Clinical Nutritionist**  
Recognized as an expert in the field of clinical nutrition. Creation of a quality examination, based on a validated scope of practice which appropriately represents the field of clinical nutrition.
- Candidate access to the broad scope of clinical nutrition training and
  - A mechanism for re-certification every five years, recognizing continued competency in the field of nutrition.
- 1990-2015 **Qualified Medical Examiner for workers compensation**  
One of a group of doctors that may be selected for patient case review in the event of a dispute.
- 2007 **Teaching** Bridges Middle School Academy  
Educating middle school student and parents in nutrition and lifestyle changes for health.
- 2009 Created Wellness Seminars, The Spirit of Health

**Selected Educational Training:**

- Fundamentals of nutrition, Price-Pottenger Nutrition Foundation.
- Applying New Essentials in Nutritional Medicine.
- Neuro Emotional Technique (NET).
- Sacral Occipital Technique (SOT).
- Bioenergetic Synchronistic Technique (BEST)
- Activator (Alternative Chiropractic techniques).
- Cox (Chiropractic technique).
- National Conference on Chiropractic and Pediatrics.
- Childbirth and Labor Support.
- Industrial Injury Evaluator Certification.
- Fundamental Nutritional Assessment.
- Expanded Therapies to Enhance the Clinical Nutrition Approach to Chronic Degenerative Disease.
- Autoimmune Diseases.
- The Heats On: Treating the Menopausal Women.
- Exocrine Physiology of Healthy Glands & Hormones.
- Food Allergies and Health.
- QRA (Quantum Reflex Analysis) Practitioner.

**Professional Affiliations:**

- American Chiropractic Association: The Council on Nutrition.
- National Health Federation: Chiropractic License #21161 California, 1990.
- Price-Pottenger Nutrition Foundation.
- International Chiropractic Association of California.
- The International and American Association of clinical Nutritionists.
- World Congress of Women Chiropractors.

**Honorary Positions:**

- Former Director of Education for the Council of Nutrition of the ACA.
- ACBN Council of Nutrition Examining Board.
- Board member for the ACBN Foundation for Nutrition.

**Publications:**

- American Chiropractic Association Journal: Genetically Engineered Foods: Potential Impact on Health.
- Nutritional Perspectives.
- Chiropractic Products.
- Whole Life Times; Genetically Engineered Foods.
- West Side Magazine: regular articles on various health issues.
- Bi-weekly newspaper column for four years.

**Media Experience:**

- Weekly radio show on VoiceAmerica/Health and Wellness 2005/2006.
- National radio interview focused on Genetically Engineered Foods.
- American Chiropractic Association Journal interview on nutrition in health.