History & Exam Using Simple Concussion Tests (4hrs) ~ Steven C Eggleston, DC
Back To Chiropractic CE Seminars

Instructions: Answer all questions and email answers to: marcusstrutzdc@gmail.com
Please DO NOT scan tests or test answers, simply just type answers in an email.

For Fill-in Questions: just write your answer.
For Multiple Choice Questions: list your answers, letter choices only, in a NUMBERED vertical column
Example:
1. A
2. B
3. C
4. The spinal column.

40 Questions. Choose the best answer according to the notes.

1. What is the secret to quickly examining a patient you suspect has a brain concussion?
   a. Use questionnaires developed by the leading brain injury treatment facilities in the world
   b. Don’t even examine a patient with a brain concussion at all. That saves you the most time.
   c. Refer the patient to a neurologist and let them worry about it
   d. All of the above

2. When the patient fills out brain concussion questionnaires, you have created and placed in the patient’s chart:
   a. useless papers since the attorneys and claim adjusters don’t read them
   b. useful papers even though these questionnaires are not well respected
   c. useful data that is respected by attorneys and claim adjusters alike
   d. All of the above

3. Concussion questionnaires help you screen your patients for concussion. It is still your responsibility to:
   a. Do nothing else. You have done your job just fine
   b. Lock the doors to your clinic when you leave to go home tonight
   c. Make appropriate referrals to neuropsychologists, psychiatrists, psychologists, neurologists and other specialists so the patient can get the appropriate and necessary treatment to make the best recovery
   d. All of the above

4. What are the two common ways to shake the brain and cause a concussion?
   a. Strike the head on something
   b. Shake the head quickly such as during a whiplash
   c. “a” and “b” are both correct
   d. None of the above are correct

5. Fill-in Question. What is the abbreviation for the Acute Concussion Evaluation?

   a. Physical
   b. Cognitive
   c. Emotional AND all the rest of the answers are correct, too

7. The Acute Concussion Evaluation was developed for and endorsed by which government agency?
   a. British Medical Society
   b. Australia’s Epworth Hospital
   c. U.S. Department of Education
   d. Centers for Disease Control
8. What is the correct CPT code to bill for the Acute Concussion Evaluation, the Epworth Sleepiness Scale and the Rivermead Post Concussion Questionnaire?
   a. 90791
   b. 90791-51
   c. Both “a” and “b” are correct because you bill 90791 for the FIRST questionnaire completely that day and 90791-51 for each ADDITIONAL questionnaire that day
   d. None of the above

9. The Rivermead Post-Concussion Questionnaire is highly respected by chiropractors, medical doctors, and just about everybody because it was originally published where?
   a. JMPT
   b. Koren Publications
   c. The Parker Seminars
   d. Journal of Neurology

10. Fill-in Question. What is the abbreviation for the Rivermead Post-Concussion Questionnaire?

11. Which statement is most true about the Epworth Sleepiness Scale?
    a. It was introduced by Dr. Murray Johns in 1991
    b. It came out of the Epworth Hospital in Melbourne, Australia
    c. It gives you, good information about how severely your patient is suffering from a sleep disorder
    d. All of the above

12. A score greater than 10 is considered a class II sleep impairment in the American Medical Association Guides to the Evaluation of Permanent Impairments. What is the whole body impairment rating percentage rage of a class II sleep impairment?
    a. 5-8% whole body impairment
    b. 9% to 16% whole body impairment
    c. 10% to 29% whole body impairment
    d. None of these

13. The Folstein Mini-Mental State Examination is abbreviated how?
    a. FMMSE
    b. FME
    c. MME
    d. MMSE

14. How many persons named “Folstein” were listed as authors of the original research published in the Journal of Psychiatric Research in 1975?
    a. 0
    b. 1
    c. 2
    d. 3

15. Fill-in Question. What is another NAME for the Mini Mental State Examination (NOT the abbreviation)?

16. Since the Mini Mental State Examination is a copyrighted form, what is your responsibility when you use it?
    a. To respect the copyright and purchase copies of the form at www.minimental.com
    b. To send a dollar to Dr. Folstein every time you use it at Harvard University
    c. To send a dollar to the Journal of Psychiatric Research every time you use the form
    d. None of the above

17. What is the billing code when you perform the MMSE on your patient?
    a. 90791
    b. 90791-51
    c. 99203
    d. 96118

18. Which form was supplied to you with this course that you can use as a questionnaire to evaluate if your patient has PTSD?
    a. The PTSD Questionnaire
    b. The Eggleston PTSD Questionnaire
    c. Assessment of Reactions to a PTSD injury
    d. Assessment of Reactions to a Stressful Car Accident
19. The author of this course strongly recommends that you take what action when you suspect that your trauma patient has symptoms of PTSD?
   a. Have the patient fill out the Assessment of Reactions to a Stressful Car Accident
   b. Make an immediate referral to a psychologist for treatment
   c. Make an immediate referral to a psychiatrist for treatment
   d. All of the answers would be a correct course of action

20. Fill-in Question. When you do a re-exam on a patient with a concussion and/or PTSD symptoms, you should always have the patient fill out the Head Injury Follow Up Questionnaire because it assesses a lot of symptoms individually and gives you a good idea whether each of the patient’s symptoms is improving, staying the same or getting worse. What is the abbreviation for the Head Injury Follow Up Questionnaire?

21. There is a place at the bottom of the Head Injury Follow Up Questionnaire which allows the patient to check a box to tell the doctor whether he/she would like a referral to a specialist for either mental/emotional issues or for physical pain issues. What should you do when the patient checks one of those boxes?
   a. Do another re-exam in 30 days
   b. Whine about the fact that your care is not helping the patient as much as you want
   c. For crying out loud, give the patient the referral they requested
   d. None of the above

22. What is the CPT code you use to bill the Head Injury Follow Up Questionnaire?
   a. 90791
   b. 96118
   c. Nothing. You cannot bill for this questionnaire. You have to work for free.
   d. 99203

23. What is the abbreviation for the Rivermead Head Injury Service Follow Up Questionnaire?
   a. RHFUQ
   b. RHISFUQ
   c. FUQ
   d. RFQ

24. What is the CPT code you use to bill when you have the patient fill out the Rivermead Head Injury Service Follow Up Questionnaire?
   a. 90791
   b. 96118
   c. Nothing. You cannot bill for this questionnaire. You have to work for free.
   d. 99203

25. Fill-in Question. What is the modifier you should use on the 2nd, 3rd, or 4th CPT code 90791 whenever you bill more than one neuropsychological questionnaire on the same date of service?

26. When you suspect the patient has a concussion and a brain MRI is performed, what does it mean when the MRI is “negative”?
   a. That the patient has no bleeding into the brain but may still have a concussion
   b. That the patient has no concussion
   c. That the patient has no brain
   d. That the claim adjuster has no brain

27. What causes brain concussions?
   a. You must hit your head on something hard or you cannot get a concussion
   b. Shaking the brain causes concussions
   c. Getting in car accident is the only cause of concussions
   d. Playing football is the only cause of concussions
28. What is the French-sounding term used to describe shaking the human brain that causes a concussion?

29. In a rear end automobile accident, the head goes backwards first. What should you write in your patient chart about what the patient’s head hits when it goes backward?
   a. The patient’s head struck the air bag
   b. The patient’s head struck the head rest (or head restraint)
   c. The patient’s head struck the steering wheel
   d. None of the above

30. Fill-in Question. A team of German scientists more than 50 years ago proved that monkeys were _____ likely to have a concussion from shaking their head as opposed to striking their heads.

31. How much car damage is the minimum the patient can have in order to get a brain concussion?
   a. $2,000 of repair bills
   b. There is no threshold for a brain concussion. Shaking causes concussions and that can occur no matter how much damage there is to the car
   c. Car accidents don’t have enough forces to cause concussion no matter how much car damage there is
   d. Only tackle football can cause concussions as evidenced by the movie “Concussion” starring Will Smith

32. Which of the following “Primary” brain damage occurs from concussion?
   a. Alterations to blood flow, widespread axon injury and slowed information processing
   b. Alteration to the cuffs of your pants, widespread brain damage among the claim adjuster population and slowing down in traffic
   c. Vestibular damage, neurotransmitter dysfunction and brain swelling
   d. Dying brain cells, brain swelling and specific brain lesions

33. One of the secondary forms of brain damage associated with concussion is brain swelling. What will doctors in the hospital do if the brain swells up too much?
   a. Pack the patient’s head in ice
   b. Drill holes in the patient’s head
   c. Drain blood from the patient’s brain
   d. Use all the drugs in the hospital infirmary to reduce the swelling

34. ALL of the following are common symptoms of concussion EXCEPT
   a. The ability to communicate with extraterrestrial beings
   b. Short term memory dysfunction
   c. Difficulty paying attention
   d. Language and communication dysfunction

35. Fill-in Question. The author recommends that patients with concussions go to the toy store and purchase jigsaw puzzles and other games to help rehabilitate brain functions. What is the recommended age for the puzzles and toys according to the author of this course?

36. What is “Executive Functioning”?
   a. The things executives do like making decisions, planning and organizing
   b. Playing video games to stimulate the brain with sights and sounds
   c. Watching the movie “Executive Decision” starring Kurt Russell
   d. The things executives do like putting together jigsaw puzzles and playing video games
37. Treatment options for brain concussions should include:
   a. Telling the patient to not get into any more car accidents
   b. Hyperbaric Oxygen Therapy and Biofeedback
   c. Hypobaric Oxygen therapy and putting together 10,000 piece jigsaw puzzles
   d. None of the above

38. Hyperbaric Oxygen Therapy is:
   a. Approved by the FDA for treating brain concussions
   b. Has a lot of credible research indicating that it helps heal brain concussions
   c. Done all night long while the patient is sleeping
   d. A device of quackery

39. An excellent test to have done BEFORE starting Biofeedback treatments is:
   a. Electroencephalography (EEG)
   b. Quantative Electroencephalography (QEEG)
   c. Brain MRI
   d. None of the above

40. Fill-in Question. What is the name of the method of biofeedback treatments that the author of this course had twenty-six times and uses a cap with built in electrodes?

Thanks so much for taking this course with Back To Chiropractic CE Seminars
Once you email your answers your certificate will be emailed back to you within 24 hours.

Be Well
Marcus Strutz DC
Back to Chiropractic CE Seminars

PS: Take a look at our Helping Hands section on our website: backtochiropractic.net

  Free Materials Over 200 files! Posters, newsletters & more
  Adjusting & Office Skills Free help from DCs that care
  DCs Looking For DCs Looking to hire, or for a job?
  Chiropractic Neurologists
  Classifieds