All I Really Need To Know I Learned In Kindergarten...

All I really need to know about how to live and what to do and how to be I learned in kindergarten. Wisdom was not at the top of the graduate school mountain, but there in the sand pile at school. These are the things I learned: Share everything. Play fair. Don't hit people. Put things back where you found them. Clean up your own mess. Don't take things that aren't yours. Say you're sorry when you hurt somebody. Wash your hands before you eat. Flush. Warm cookies & cold milk are good for you. Live a balanced life - learn some & think some & draw & paint & sing & dance & play & work every day some. Take a nap every afternoon. When you go out in the world, watch out for traffic, hold hands & stick together. Be aware of wonder. Remember the little seed in the Styrofoam cup: the roots go down & the plant goes up & nobody really knows how or why, but we are all like that. Goldfish & hamsters & white mice & even the little seed in the Styrofoam cup - they all die. So do we. And then remember the Dick-and-Jane books & the first word you learned - the biggest word of all - LOOK. Everything you need to know is in there somewhere. The Golden Rule & love & basic sanitation. Ecology & politics & equality & sane living. Take any one of those items & extrapolate it into sophisticated adult terms & apply it to your family life or your work or government or your world & it holds true & clear & firm. Think what a better world it would be if we all - the whole world - had cookies & milk at about 3 o'clock in the afternoon & then lay down with our blankies for a nap. Or if all governments had as a basic policy to always put things back where they found them & to clean up their own mess. And it is still true, no matter how old you are, when you go out in the world, it is best to hold hands & stick together.